



MASSACHUSETTS

Visit the Opioid Resource Center



Find the Right Treatment for You

Opioid-based medications, even when prescribed by a doctor, can increase the risk of substance use disorder. If you need treatment for pain, it's important to know that they aren't your only option.



Talk to your doctor about your pain. Be honest and clear so the doctor can identify the best approach. If you don't want a prescription, ask about your options.



For certain conditions, consider alternative pain management techniques, such as acupuncture and massage therapy. Check your plan benefits for coverage details.

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