Get Healthy.  
Get Rewarded.  

Engage your employees in better health*

The every day challenge.  
you vs. you

The program that rewards you for making smart, healthy choices, every day.

and up to  
$400

*Program available to Blue Cross Blue Shield subscribers only.
Employee Health Matters

$226B

Absenteeism paid by employers¹

$1,685² in annual absenteeism costs per employee

Introducing

ahealthyme REWARDS

The wellness incentive program that engages, motivates, and rewards your employees for making smart, healthy choices, every day—completely funded by Blue Cross.

¹. cdcfoundation.org/pr/2015/worker-illness-and-injury-costs-us-employers-225-billion-annually
². uschamber.com/sites/default/files/022436_labr_wellness_report_opt.pdf
³. Virgin Pulse ® Member Survey, May 2016, n = 28,091f
Every business can expect employees to miss workdays throughout the year. However, excessive absenteeism can have a poor effect on employee well-being and productivity. Give your employees a path to better health.

See how our program helps your business:

**For Your Company**

**Advantages:**
- Empower employees to take charge of their health and well-being
- Robust communication toolkit to promote the program
- Turnkey solution with minimal administration work
- Effective engagement reporting

**For Your Employees**

**Advantages:**
- A free Max Buzz™ health tracker
- Receive up to $400 annually
- Personalized guidance on how to set and meet health goals
- Motivating team and individual challenges
Engage your employees in better health

Learn more—contact your broker or Blue Cross Account Executive.

ahealthyme Rewards is powered by Virgin Pulse®, an independent company, delivering a best-in-class health engagement platform—completely funded by Blue Cross.